



Need Help with Benefits or Debt?

Contact Redbridge Family Resource Service

Who We Are

The **Benefits and Debt officers** are part of Redbridge Family Help front door **Resource Service**. We work with local families to provide **practical financial support**, helping you access the benefits you're entitled to and manage any debt concerns.

What we offer

We provide **free, confidential advice** and support with:

- Benefit entitlement checks
- Help with benefit applications
- Income maximisation
- Debt advice and budgeting support
- Mandatory reconsiderations to the Department for Work & Pensions (DWP)
- Referrals and signposting to other support services



Who can access our support?

Our service is available **exclusively** to:

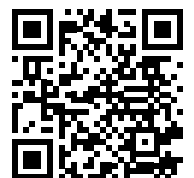
- Families who reside in Redbridge, with a child under 18 years of age
- Families experiencing financial hardship, benefit issues, or debt concerns
- Families needing help with budgeting or navigating benefit systems



How to get help ?

Online referral: Redbridge - Professionals working with children and young people Select ' **Request a Service** '

Call Us: Childrens Services, Family Help Front Door
Monday to Friday (9am–5pm): **020 8708 3885**



<https://costofliving.redbridge.gov.uk>