



Reducing the Risk of Sudden Unexpected Death in infants (SUDI) / Sudden Infant Death Syndrome (SIDS)

# Safer Sleep Conference

Old Town Hall Stratford Friday 22nd March 9-4pm 29 The Broadway, Stratford, London. E15 4BQ For reservations, email: bhr.cdop@nhs.net

Join us to explore crucial insights on safe sleeping practices for infants. An informative event featuring expert speakers, workshops, and networking opportunities.

Topics and Speakers:

# Understanding the science behind SIDS and how risk factors may lead to death

**Jo Garstang** Consultant Paediatrician and Designated Doctor for Child Death Birmingham & Solihull, Research Fellow & Chair of Association of Child Death Review Professionals

## Day or Night Sleep Right

Karen Hedgley Designated Nurse Safeguarding Children and children in Care North Yorkshire and York

### Infant Feeding and safe sleep

Hazel Jones Infant Feeding Coordinator Newham

### Update from the SUDI prevention project in Hackney

Latoya Alfred Named Nurse Safeguarding Children, Homerton Trust Healthcare NHS Foundation & Sam Martin Designated Nurse North East London ICB

