

TIGER

TRAINING IN NORTH EAST LONDON

TIGER stands for Trauma Informed Growth and Empowered Recovery; Barnardo's unique evidence-based and evaluated trauma-informed approach. We work with children, young people and their families where there are concerns around child sexual abuse and exploitation, harmful sexual behaviour, and domestic abuse.

This training is available for health, social care and school professionals based in North East London boroughs (Barking & Dagenham, Hackney, Havering, Newham, Redbridge, Tower Hamlets, Waltham Forest).

WORKING WITH CHILD SEXUAL ABUSE

Our child sexual abuse training explores the impact of trauma on children and young people upskilling staff at all levels to feel confident that they know how to respond and support these children and young people

WORKING WITH SIBLING SEXUAL ABUSE

We equip delegates with knowledge of the prevalence of sibling sexual abuse, and an understanding of the nature and impact of the behaviour on both young people and the wider family unit

WORKING WITH CHILDREN DISPLAYING HARMFUL SEXUAL BEHAVIOUR

The course will provide learners with the knowledge and skills to understand and identify behaviours of children and young people who display harmful sexual behaviours

TRAUMA INFORMED PRACTICE

Trainees will develop tools to support children and young people with managing emotional regulation and gain a greater understanding of the impacts of trauma and PTSD on the body, beliefs, and communities

Dates available

Trauma informed practice	May 14 th 2025	1pm-4pm
Harmful sexual behaviour	June 4 th 2025	1pm-4pm
Sibling sexual abuse	July 9 th 2025	10am-1pm
Child sexual abuse	September 10 th 2025	1pm-4pm
Trauma informed practice	November 12 th 2025	10am-1pm
Harmful sexual behaviour	January 21 st 2026	1pm-4pm
Sibling sexual abuse	February 25 th 2026	10am-1pm
Child sexual abuse	March 25 th 2026	1pm-4pm

Book your place here: [Eventbrite](#)

Find out more:

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