

Introduction to Child & Adolescent Mental Health

Background

This multi-disciplinary course will enable participants from a wide range of backgrounds to consider how, through their role; they can promote the mental health and wellbeing of children and young people, identify early mental health problems and work together with others to improve access to services and support.

Learning Outcomes

At the end of this course you will be able to:

- Apply current conceptual models for thinking about mental health, mental health problems and disorders in teenagers.
- Apply and describe current theories and research relating to attachment, brain development, risk and resilience in order to deepen your understanding and develop your practice.
- Understand your own perspective on children and young people's mental health, alongside the perspectives of others including the voices of young people, in order to establish a foundation for further learning.

For notes on training fees and cancellation policy, please click [here](#).

Level 3

Trainer

Julie Quincey

Thursday 21/01/21

CLASSROOM (full day)

09:15 Registration

09:30 Start

16:30 Finish

[Committee Room 2, Redbridge Town Hall](#)

