

Early Help Support for Families



Redbridge's ambition is for all children and families to thrive in all areas. We want to work with you to achieve your potential. When you and your family feel like you need extra support, we want to find the best way forward as soon as possible.

The CAF exists to help you support your family. CAF helps your family receive the right support at an early stage, before needs get bigger. A Professional, who already works with your family (e.g. your child's teacher), will use the CAF assessment to gather as much information as possible about your lives: What's going well and what you are finding challenging, in order to put the right services in place for your family.



What support could my family get?

Within the Families Together Hub, there are a range of agencies who could offer you support. The table below shows a list of some of the services you could access by consenting to a CAF assessment:

Service Name	What they offer
Junior Fit Team/Box Up	One-to one support for young people who are at risk of becoming involved in crime/gangs or at risk of being excluded from education. Also provide group work programmes looking at a range of challenges young people in Redbridge might face. Strong links with Boxup : Provides free boxing sessions, but also offer mentoring & coaching support.
FUSION	Free, friendly confidential service to young people in the borough of Redbridge under the age of 18 who are using, or at risk of using drugs and alcohol.
Parenting Team	Offer a range of courses for parents - to assist with attachment, boundary setting and encouraging positive relationships in the home.
Family Support Workers	Provide whole family support which covers a range of areas: Parenting, relationships, support with housing, benefits, accessing work etc.
Evolve and Adapt Mentoring Project	Provide one-to-one mentoring sessions for young people who want to talk to someone outside of their family/friendship group. Provide a positive role model and often link young people with positive activities.
Other organisations that Families Together Hub has links to...	EWMHS (Mental health support), VAWG (Violence Against Women and Girls), Children With Disabilities (Assessment Worker), Homeless Support Team, many more....ask your lead professional for more information.

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What do I need to do?

- Answer questions about your family and current circumstances in order to identify areas in which you or your children might need support.
- Consent to work with Early help services (within the Families Together Hub) and share your information with those services.
- Be willing to engage with professionals, who will contact you on the phone and face to face, in order to address issues.
- Attend review meetings to make sure your family's needs are being met.
- Be open and honest to make sure that you get the most from the services offered.
- Attend TAF (team around family) meetings in order to review how things are going and update action plans.

Questions/Concerns?

If you have any questions or concerns about the CAF process, please contact the CAF Team on:

Telephone: 020 8708 **2612 / 2613 / 2614**

e-mail: cafadmin@redbridge.gov.uk

or visit

web: <https://find.redbridge.gov.uk/>
and search for 'CAF' to find additional information.



London Borough of

Redbridge

