

Safeguarding and Talking About Relationships and Sex



Background

Would you like to encourage and support young people to make positive choices about relationships? Enable them to feel confident and happy in making their own decisions about sexual activity? Enable them to feel confident and comfortable seeking advice, support and contraception? This one day training course will enable professionals to develop their knowledge and confidence to support young people in making healthy choices with regard to their sexuality and sexual activity. Training includes discussions, group work and activities that can be used with young people.

Learning Outcomes

All participants will have the opportunity to:

- Understand the causes and effects of early sex
- Describe their own values in relation to young people and sex
- Critically analyse sex and relationships and safeguarding young people
- Practice a range of practical ways of working with young people to help them make positive and healthy decisions for themselves
- Consider the concept of 'readiness' for young people and to introduce a decision-making resource for them to use in assessing this
- Reflect on implications and opportunities of the new Government [Guidance on Relationship and Sex Education](#)

For notes on training fees and cancellation policy, please click [here](#).

Level 2

Trainer

Amanda Jones, RSCP Training Manager

Tuesday 13/10/20 ONLINE (long course)

12:45 Registration
13:00 Start
17:00 Finish

Tuesday 19/01/21 CLASSROOM (full day)

09:15 Registration
09:30 Start
16:30 Finish

[Committee Room 2, Redbridge Town Hall](#)

