

# Trauma Informed Safeguarding Briefing



**FREE BRIEFING**

## **Background**

This multi-agency briefing aims to develop an understanding of the emotional psychological trauma people experience as they go through life. It is a strengths-based approach to working with children and families and seeks to support frontline practitioners to focus on:

- “What happened to you?” rather than “What is wrong with you?”
- Approaching families with empathy
- Building stable and trusting relationships that empower children and families
- Understanding power differentials between families and practitioners, and how to reduce them
- Reducing the risk of re-traumatisation for both the child and family
- Promoting and supporting positive relationships between children and their families, wider social and community networks

## **Learning Objectives**

- An opportunity for partners to fully understand what trauma-informed practice is, why all partners need to work in this way including drivers, research, what children and families say
- Understand the principles of Trauma Informed Practice.
- Promoting a change in language and approach in multi-agency relationships

## **Facilitator**

[Interface](#)

## **ONLINE (free briefing)**

**Thursday 02/11/23**

09:45	Registration
10:00	Start
12:30	Finish

## **ONLINE (free briefing)**

**Tuesday 27/02/24**

09:45	Registration
10:00	Start
12:30	Finish

**To book a place** on this briefing please email [redbridgescp.training@redbridge.gov.uk](mailto:redbridgescp.training@redbridge.gov.uk) confirming your preferred date, your organisation and your job title