



2025 – 2026

2025 – 2026

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The training courses in this programme have been identified through training needs assessment and help support RSCP priorities for 2025/26. These priorities are derived from a number of sources, including: Child Safeguarding Practice Reviews (CSPRs); responses to current and national developments; and feedback from children, young people, families and carers.

Principles of RSCP Training

Our programme is based on principles to ensure that training is:

- Child centred and incorporates and promotes children's rights, the child's voice, and ensures that their welfare is treated as paramount.
- Incorporates equal opportunities and anti-oppressive practice and reflects the diversity of the communities served.
- Promotes and places the child within the family and recognises the need for working together and in partnership with parents and carers.
- Multi-agency and promotes the need for inter-agency working to safeguard children from harm.
- Evidence-based and incorporates learning from research, and service user participation.
- Incorporating and supporting a variety of learning styles including experiential and reflection.

Audiences

Safeguarding children and young people is everyone's business, which means that audiences are large and diverse. This includes the whole of the children and young people's workforce and those working with their parents or carers across all sectors and disciplines.

The courses on this training programme are only available to those who work with children and families *predominantly or exclusively* in the London Borough of Redbridge.

Quality Assurance and Evaluation of Impact

Our training is quality assured in-line with the above principles agreed within our [Framework and Principles for Safeguarding Children Training](#).

If you attend one of our training events, you'll be asked to complete an online evaluation and you'll receive your certificate of attendance after completing it.

Each course will offer resources and ideas to 'transfer' learning to your teams and cascade throughout your organisation. You may also find an observer accessing your course, undertaking an independent evaluation.

We will follow up targeted courses by contacting participants to establish the impact of the training we deliver on practice and outcomes for children, young people and families.

More information on evaluating the impact of training and the concept of 'training transfer' can be found on the [RSCP website](#).

Notes for Training Attendees and Managers



Learners: Please discuss and agree your attendance with your line manager (or appropriate individual if you are the line manager); you'll need to give us their details on the [online booking form](#). Please ensure the training is appropriate to your role. Make sure you're free to attend the course applied for **in full** before booking.

Managers: Before agreeing a booking, please ensure you discuss the content of the course with the learner, how it will be applied in the workplace and its suitability for the learner in their role. You'll be copied into the email booking confirmation and certificate of attendance for your information. Please make a note of the date in your diary and consider a substitute to cover any unexpected absence or staff departure, as there is a charge for late cancellations. We don't make exceptions to this for any operational reasons. Following the training, you may be asked how the training has contributed to practice and outcomes.

Fees: Our course fees are **£65 per 'full day'** and **£35 per 'half day'** training course in the classroom, and **£65 per 'long'** and **£35 per 'short'** training course online. The course fee for each course is payable by all *except* those working or volunteering for charities and will be invoiced using the billing details on the booking 5 working days before the training. The page relating to each event in the programme details what type of event it is. There is no course fee for places on events described as **'free courses'** but one will be charged for non-attendance. No charges apply for **free briefings**.

Cancellation Policy:

- We only accept cancellations made in writing to redbridgescp.training@redbridge.gov.uk more than 5 working days before the day of the course (not including the day of the course). We will confirm all such cancellations in writing, usually within 3 working days.
- All other cancellations will be considered to be non-attendance and will not be eligible for a refund. The only exception to this is sickness on the day of the training, provided we are informed in writing (to the above email address), no later than the day of the course, by the learner's line manager or appropriate individual.
- If for any reason an organisation wishes to change the name on the booking, we must be informed of the name and email address of the new attendee, and who they are replacing, ahead of the course, using the email address above.

Non-attendance:

- If a place is booked and the learner does not attend, they will not be eligible for a refund. In addition, please note the following:
- Non-attendance at free courses will incur a course fee.
- Any non-attendance by those working or volunteering for a charity will incur a course fee.
- Course fees incurred due to non-attendance will be invoiced using the billing details on the booking after the training course.

What to expect from us:

- We'll send you confirmation of your booking by email (normally within three working days of receipt of your booking form), confirming the date, times, title and venue of the course, and the terms and conditions of the booking. If you don't receive a booking confirmation from us, you don't have a booking.
- Your booking confirmation will include a calendar entry attachment so you can add the date to your calendar.
- We'll send you another email, usually one week before the course, with a link to the training event (if it's online) and any pre-course reading materials you may need.
- For classroom training, we'll provide plenty of water and cups but we won't be able to provide any other refreshments.
- We monitor participation in our online courses. If you miss more than 15 minutes of the course, we will not be able to certificate your attendance or provide a refund.

What we expect from you (online):

- You will need to have a computer with a working internet connection, internet browser, microphone and webcam to take part. Please make sure your equipment is working properly.
- We require attendees to have their camera turned on throughout the training. Our online training is a virtual classroom and we expect attendees to be present and participating throughout. If you need to turn your camera off for any reason, please flag this in the chat.
- Our training should only be accessed in a suitable environment, such as a quiet part of an office, or a home office where you will not be disturbed by others.

- **Safeguarding is a sensitive topic and participants must be in an environment where it can be discussed freely. Participants trying to join from a public place may be turned away.**

What we expect from you (all courses):

- Part of your responsibility when attending training is to provide feedback. We'll send you a link to our online feedback form after your course. Upon receipt of your completed form, we'll send your certificate of attendance and any materials related to the course to help with your training transfer. **A limit of three months to complete this applies.**
- If we send any pre-course reading materials, we expect anyone joining the course to have read them prior to attendance.
- Prompt attendance is required by the 'Start' time indicated in your booking confirmation (we recommend joining the training at the 'Registration' time). The session will be locked to new attendees 15 minutes after the start time. Anyone who misses the course due to lateness will be turned away and will not be eligible for a refund.
- If you cannot attend the full course, this must be agreed in advance, in writing, by the RSCP. Any early departures not agreed in advance with the RSCP will be considered non-attendance and will not be eligible for a certificate of attendance or a refund.

Contact: If you need any further information or wish to discuss any additional needs, please call us on **020 8708 3289** or email redbridgescp.training@redbridge.gov.uk. Please follow us on [Facebook](#) and X ([@RedbridgeSCP](#)) for more safeguarding news and events.

What training should I attend?

Your employer is responsible for ensuring staff and volunteers receive basic training to raise awareness of safeguarding (often known as **Level 1**). They may also offer additional 'in-house' safeguarding training specific to your responsibilities and setting.

This Programme provides multi-agency training at Levels 2 and 3, as outlined in the [London Safeguarding Children Partnership Training Competency Framework](#). It supports the skills and knowledge needed to work effectively within existing guidance and procedures, such as [Working Together to Safeguard Children 2023](#), the [Intercollegiate Document, 2025](#) for competences in healthcare and the [London Child Protection Procedures](#).

Level 2 Training should be attended by practitioners who work predominantly, or have intensive but irregular contact, with children, young people and/or parents/carers.

Level 3 Training is more advanced and learners will have particular specialist child protection responsibilities which may include being a 'designated lead' in their agency for child protection.

For more guidance on what training is suitable for your needs, contact redbridgescp.training@redbridge.gov.uk or call the RSCP Training Manager on 020 8708 3812.

Further information on a range of safeguarding topics is available on the [RSCP website](#).

Examples of safeguarding responsibilities and professional competence	
London SCP Training Level 2	<ul style="list-style-type: none">• Working together to identify, assess and meet the needs of children where there are safeguarding concerns• To identify child focused interventions and measurable outcomes• Understanding the possible impact of parenting difficulties on parenting capacity.• Recognising the importance of family history and functioning.• Working with children and family members, including addressing lack of co-operation and superficial compliance.
London SCP Training Level 3	<ul style="list-style-type: none">• Attending Child Protection Conferences and managing Core Groups; roles, responsibilities and collaborative practice.• Using professional judgements to make decisions as to whether a child is suffering, or is likely to suffer, significant harm.• Working with complexity.• Taking emergency action or intervention.• Promoting effective, professional practice.• Supervising child protection cases and advising other professionals.

Part One:

Understanding Safeguarding Risks and Responding to Learning

Learning within our programme has been developed through ongoing training needs analysis carried out at a local level by the Training Subgroup of the RSCP and draws on feedback from our multi-agency learners.

This section of our programme contains courses on a range of risks faced by children, using lessons learned from incidences of significant harm found in the [Child Safeguarding Practice Review Panel: annual report 2023 to 2024](#)

It features key learning on those children most vulnerable to harm and links to the local services and practitioners supporting early intervention and support for families.

Domestic Abuse and Safeguarding Children

Background

The trauma that children experience when they witness domestic violence in the home plays a major role in their development and physical well-being, effects of which can last into adulthood. The [Domestic Abuse Act 2021](#) recognises children as victims of domestic abuse rather than witnesses.

Domestic abuse can also be a sign that children are suffering another type of abuse or neglect.

Learning Outcomes

At the end of this training participants will be able to:

- Define domestic abuse considering its breadth and manifestations
- Identify the impact of the intersection of multiple identities and circumstances on those who experience domestic abuse
- Link the effects of domestic abuse on a child's welfare and development.
- Use relevant knowledge in effective engagement with families where domestic abuse is an issue.
- Identify the multi-professional roles in meeting the needs of children and families affected by domestic abuse.
- Understand local support and safeguarding procedures for those affected by domestic abuse and their children

You can **book your place** using our [online booking form](#). Details of course fees and our cancellation policy can be viewed [here](#).

Level 2

Facilitator

Rahana Hussain, Independent Trainer

CLASSROOM (full day)

Thursday 19/03/26

Committee Room 2, [Redbridge Town Hall](#)

09:15 Registration

09:30 Start

16:30 Finish



Domestic Abuse Services in Redbridge and the Safe and Together Model



FREE BRIEFING

This online briefing will give an overview of the Safe and Together Model and the Reach Out services for domestic abuse. The model is based on three principles including keeping children *Safe & Together* with their non-abusive parent, healing from trauma, stability, and child-centred practice.

Learning Objectives:

- To introduce and understand the Safe & Together Model principles and components and how those guide practice in various roles and settings
- To understand the perpetrator pattern framework
- To learn about the Redbridge Domestic Abuse Service, Reach Out

You can **book your place** using our [online booking form](#). Details of course fees and our cancellation policy can be viewed [here](#).

Facilitator

Vanya Dzhumerska
Training and Implementation Lead
[Reach Out](#)

ONLINE

Wednesday 25/02/26

09.45	Registration
10:00	Start
12:00	Finish



Understanding Coercive Control

Background

Coercive control is a key feature of abusive relationships. It is therefore essential that the conceptualisation of coercive control and the impact it has on the whole family is recognised and understood by all professionals working with them.

Learning Objectives

- To define and identify examples of coercive control,
- To understand its impact on individuals and families
- To learn about support available to those affected, methods of disruption and legal recourse

Level 2

Facilitator

Nina Bourlet, [Metropolitan Police](#) &
Amanda Jones, RSCP Training Manager

CLASSROOM (full day)

Wednesday 11/02/26

Committee Room 2, [Redbridge Town Hall](#)

09:30 Registration

09:45 Start

16:00 Finish



You can **book your place** using our [online booking form](#). Details of course fees and our cancellation policy can be viewed [here](#).

Modern Slavery Briefing

Background

Victims of modern slavery and human trafficking are men, women and children of all ages, ethnicities and nationalities. However, exploitation is normally more prevalent among the most vulnerable or within minority or socially excluded groups.

Poverty, lack of education, unstable social and political conditions, economic imbalances, climate change and war are key issues that contribute to someone's vulnerability in becoming a victim of modern slavery.

This briefing will cover:

- Modern Slavery in the UK
- The different types of exploitation
- Identifying victims: common signs to look out for and when to report.
- The National Referral Mechanism and referral pathways

You can **book your place** using our [online booking form](#). Details of course fees and our cancellation policy can be viewed [here](#).

FREE BRIEFING

Facilitator

Shanice Brown, [The Salvation Army](#)

ONLINE

Tuesday 24/02/26

09:45	Registration
10:00	Start
12:00	Finish



Radicalisation Awareness Workshop

Background

This half day interactive workshop aims raise awareness among frontline staff of radicalisation and the risks associated with the targeting of vulnerable individuals by extremists.

The session covers local and national context and threats, the process of radicalisation, and factors which may contribute to an individual's susceptibility to radicalisation. Topical examples will be used as illustrations and case studies to understand the referral process.

Learning Outcomes

At the end of the workshop, participants will have:

- An awareness and understanding of the statutory duty to prevent radicalisation and their role within it
- Increased confidence to discuss issues and concerns and how to respond to them
- The ability to use existing expertise and professional judgement to recognise potentially vulnerable individuals

Please note that training for education, NHS, and Local Authority, and some other settings can be requested at prevent@redbridge.gov.uk

You can **book your place** using our [online booking form](#). Details of course fees and our cancellation policy can be viewed [here](#).

FREE TRAINING

Facilitator

Sarah Knarr, Redbridge Prevent Team,
London Borough of Redbridge

ONLINE (short course)

Thursday 22/01/26

09:45	Registration
10:00	Start
12:30	Finish



'Think Family': Safeguarding the Whole Family

FREE BRIEFING

Background

The 'Think Family' approach recognises that often people live as part of families, who provide support for each another. However, certain issues and hostilities can occur, and these events can adversely impact on the development and resilience of children.

Learning Objectives

- Develop a clear understanding of what the Think Family Approach entails, including its principles, key components, and its relevance to practice.
- Recognize the importance of considering the needs of the whole family when working with individuals, particularly those with complex needs.
- Understand the ethical considerations when working with families, including respecting family autonomy and confidentiality.
- Encourage the importance of multi-agency collaboration to provide a coordinated response to family needs.

You can **book your place** using our [online booking form](#). Details of course fees and our cancellation policy can be viewed [here](#).

Facilitator

Ghislaine Stephenson
Think Families Lead Nurse, [Whipps Cross Hospital](#)

ONLINE

Friday 28/11/26

13:15	Registration
13:30	Start
15:30	Finish

ONLINE

Wednesday 11/03/26

09:45	Registration
10:00	Start
12:00	Finish



Understanding Child Neglect in a Multi-agency Context

FREE BRIEFING

Background

Neglect is the persistent failure to meet a child's basic physical and/or psychological needs, likely to result in the serious impairment of the child's health or development.

Neglect can, however, be difficult to identify and quantify. This briefing aims to support multi-agency practitioners in identifying indicators and pathways of intervention

Learning Outcomes

By the end of the training, participants will have:

- A refreshed understanding of neglect and its impact on children and young people
- An understanding of how to identify and support decision making on cases relating to neglect
- Discussed how to overcome barriers in relation to identifying neglect and learn about pathways for early support in Redbridge.

You can **book your place** using our [online booking form](#). Details of course fees and our cancellation policy can be viewed [here](#).

Facilitator

Amanda Jones, RSCP Training Manager

ONLINE (free briefing)

Monday 12/01/26

13:45	Registration
14:00	Start
16:00	Finish

ONLINE (free briefing)

Tuesday 23/06/26

09:45	Registration
10:00	Start
12:00	Finish



Part Two:

Contextual Safeguarding and Child on Child Abuse

Courses in this section of our programme seek to equip participants to understand and respond to the 'context' of where, when and how young people can experience significant harm beyond their families. It recognises that the different relationships young people form in their neighbourhoods, schools and online can feature violence and abuse.

Parents and carers may have little influence and insight into these contexts, and young people's experiences of abuse and exploitation outside the home can damage parent-child relationships.

Contextual Safeguarding, therefore, expands child protection beyond traditional sectors, to any professional and volunteer with influence and opportunities to address the abuse children experience beyond their front doors.

Awareness of Child Sexual and Criminal Exploitation (CSE & CCE)

FREE BRIEFING

Background

This is a briefing on child exploitation aimed at those working with children, young people and families who have no prior knowledge and only require introductory level information.

Learning Outcomes

Topics covered in the briefing:

- What is child exploitation?
- What are the signs/symptoms that a child or young person may be being exploited or at risk of being?
- What makes some children and young people more vulnerable than others to exploitation?
- What action should be taken if concerns are raised that child or young person is at risk?
- What lessons can we learn from cases of child exploitation nationally?



Facilitator

Lesley Perry,
RSCP Business Manager or
Amanda Jones,
RSCP Training Manager

ONLINE

Thursday 23/10/25

09:45	Registration
10:00	Start
12:00	Finish

ONLINE

Wednesday 22/04/26

13:45	Registration
14:00	Start
16:00	Finish

You can **book your place** using our [online booking form](#). Details of course fees and our cancellation policy can be viewed [here](#).

Harmful Sexual Behaviours and the Brook Traffic Light Tool

Level 2

Background

As children get older, the way they express their sexual feelings changes. Children and young people who develop harmful sexual behaviours (HSB) harm themselves and others. This course, delivered by Brook, aims to help professionals to identify HSB and respond appropriately.

It also supports attendees with how it applies in your unique setting, as well as helping you to develop an organisational approach to responding to sexual behaviours.

All delegates will receive a [Traffic Light Tool](#) booklet to support their learning and a pdf of the Tool, as well as access to a digital version of the Tool and certificate upon completion.

Learning Outcomes

By the end of the training, participants will be able to:

- **Identify:** The behaviour and establish if it is: Typical or developmentally appropriate, problematic or harmful
- **Understand:** What the behaviour is communicating
Why the child or young person may be exhibiting it
- **Respond** appropriately. This will depend upon: What's motivating the behaviour; the severity of the behaviour

You can **book your place** using our [online booking form](#). Details of course fees and our cancellation policy can be viewed [here](#).

Facilitator

[Brook](#)

CLASSROOM (half day)

Thursday 11/12/25

Committee Room 2, [Redbridge Town Hall](#)

09:15	Registration
09:30	Start
13:00	Finish

CLASSROOM (half day)

Thursday 16/04/26

Committee Room 2, [Redbridge Town Hall](#)

12:45	Registration
13:00	Start
16:30	Finish

 **brook**



Safeguarding Children in a Digital World

Level 2

Background

The online world opens up immense opportunities for children and young people. It is integral to modern day youth culture. It also, however, carries many threats. This course aims to equip staff with an understanding of what the risks are and how to prevent, recognise and respond to them.

Learning Outcomes

By the end of the training, participants will:

- Understand how to minimize the risk to children using technology
- Have an understanding of modern-day use of technology and the context in which children and young people use it
- Have developed an awareness of the risks involved
- Have developed an awareness and understanding of the legislative context for safeguarding children in a digital world
- Know elements of good practice to keep children safe when using technology
- Have developed an understanding of how predators use technology
- Understand when and how to share information, paying attention to the legislative requirements, including developing an understanding of key legislation, such as the [Online Safety Act 2023](#)

You can **book your place** using our [online booking form](#). Details of course fees and our cancellation policy can be viewed [here](#).

Facilitator

[London Borough of Havering School Improvement Service](#)

ONLINE (long course)

Thursday 06/11/25

09:15	Registration
09:30	Start
14:30	Finish

ONLINE (long course)

Thursday 18/06/26

09:15	Registration
09:30	Start
14:30	Finish



Understanding Serious Youth Violence, Gangs and the Criminal Exploitation of Children

Background

Young people in gangs are often vulnerable individuals who can be both perpetrators and victims of harm. Work is required to prevent children from joining gangs and to safeguard children already involved or at risk of exploitation

Learning Outcomes

By the end of the training, participants will:

- Have an improved understanding of child criminal exploitation (CCE) and serious group violence
- Identify the push/pull factors that make young people vulnerable to exploitation, violence and harmful group identity
- Understand the role social media plays in relation to either 'gangs' or group violence
- Be able to identify indicators at the earliest stages possible of involvement in harmful group activity and serious group violence
- Understand the issues around girls and CCE, including grooming, initiation and sexual exploitation

You can **book your place** using our [online booking form](#). Details of course fees and our cancellation policy can be viewed [here](#).

Level 2

Facilitator

Junior Smart, Independent Trainer

CLASSROOM (full day)

Tuesday 19/05/26

Committee Room 2, [Redbridge Town Hall](#)

Registration: 09:30

Start: 09:45

Finish: 16:30



Part Three:

Responding to Local and National Priorities

This training series responds to local priorities as set out by the [Redbridge Safeguarding Children Partnership](#).

Our priorities are influenced by local Child Safeguarding Practice Reviews (CSPR), an independent review conducted when a child living in Redbridge has died or been seriously harmed due to suspected abuse or neglect. The purpose is to identify lessons learned, how those lessons will be applied, and what changes are needed to improve inter-agency working and better safeguard children.

[The Child Safeguarding Review Panel of England](#) decides which serious safeguarding cases warrant a national review, based on their complexity or national significance. These reports explore systemic and structural issues within the safeguarding system. The goal is to generate lessons from these reviews that can be applied across the country to improve safeguarding and protect children.

Two of these recent influential reports from the Panel will receive particular attention this year:

- [“I wanted them all to notice”, Protecting children and responding to child sexual abuse within the family environment](#)
- [“It’s Silent”: Race, racism and safeguarding children](#)

Children, Mental Health and Everyday Conversations

Level 2

Background

Conversations with children safeguard their mental health by creating safe spaces to discuss feelings, normalising emotional expression, and boosting confidence and resilience

This multi-disciplinary course, will enable participants from a wide range of backgrounds to consider how, through their role; they can support and promote the mental health and wellbeing of children and young people

Learning Objectives:

Participants will gain opportunities to:

- Understand your own and others perspective on children and young people's mental health
- Explore a solution focused therapy approach
- Learn some techniques for conversations on mental health with children

You can **book your place** using our [online booking form](#). Details of course fees and our cancellation policy can be viewed [here](#).

Facilitator

Marco Temes Serrano
Redbridge Education Welfare Team

CLASSROOM (half day)

Thursday 27/11/25

Room 07-01, [Lynton House](#)

13:15	Registration
13:30	Start
17:00	Finish

CLASSROOM (half day)

Thursday 14/05/26

Committee Room 2, [Redbridge Town Hall](#)

09:15	Registration
09:30	Start
13:00	Finish



Considering Cultural Competence in Safeguarding Children

Level 2

Background

This course aims to enhance practitioners' knowledge, skills and understanding of how race, culture and/or faith and belief systems can impact on our safeguarding practice. The course will also focus on key learning from the Child Safeguarding Practice Review, ["It's Silent": Race, racism and safeguarding children.](#)

Learning Outcomes

By the end of the course participants will be able to:

- Describe the influence of their own and their families' race, culture, faith or beliefs on parenting and how we see children and families.
- Display confidence in talking about their own and other people's attitudes and beliefs – and how these might affect their judgment
- Describe cultural competence and professional curiosity in safeguarding practice.

You can **book your place** using our [online booking form](#). Details of course fees and our cancellation policy can be viewed [here](#).

Facilitator

Rahana Hussain, Independent Trainer

CLASSROOM (half day)

Wednesday 19/11/25

Committee Room 2, [Redbridge Town Hall](#)

09.15	Registration
09:30	Start
13:00	Finish

CLASSROOM (half day)

Wednesday 20/05/26

Conference Room, [Ley St Depot](#)

09:15	Registration
09:30	Start
13.00	Finish



Harmful Practices and Safeguarding Children

Level 2

Background

This course is designed to equip participants with an understanding of harmful practices, to critically analyse safeguarding concerns and how to respond to children who are at risk.

Learning Objectives

Participants will:

- Gain an understanding around what harmful practices are along with the international and national debates.
- Have an overview of the range of harmful practices including those known to be taking place locally and nationally.
- Gain an awareness of the signs and symptoms associated with different harmful practices.
- Explore risk factors, and how to respond appropriately to concerns.
- Be made aware of the roles and responsibilities of agencies.
- Consider where to access resources and services.

You can **book your place** using our [online booking form](#). Details of course fees and our cancellation policy can be viewed [here](#).

Facilitator

Bal Howard, Independent Trainer

ONLINE (short course)

Wednesday 04/03/26

13:45 Registration

14:00 Start

16:30 Finish



Intrafamilial Child Sexual Abuse – An Introduction

Background

This training will support you to improve your understanding of child sexual abuse within the family environment and help you to better identify signs and indicators

Learning Objectives

A better understanding of:

- the scale and nature of child sexual abuse
- how the impact of child sexual abuse presents in children, young people and adults
- how children communicate their experiences of sexual abuse, and the professional role in helping them do this
- how and why sexual abuse happens in families
- the importance of a 'whole family' approach to assessing and intervening with families
- Improved ability to identify the potential signs and indicators of sexual abuse and sexually abusive behaviour
- Greater confidence in identifying and responding to concerns of intra-familial child sexual abuse

You can **book your place** using our [online booking form](#). Details of course fees and our cancellation policy can be viewed [here](#).

Facilitator

[Centre of Expertise on Child Sexual Abuse](#)

ONLINE (short course)

Friday 23/01/26

09:15	Registration
09:30	Start
13:00	Finish

ONLINE (short course)

Wednesday 03/06/26

13:15	Registration
13:30	Start
17:00	Finish



Introducing the Sunrise Hub: Supporting the health and recovery of children affected by sexual abuse

Background

The [Independent Inquiry on Child Sexual Abuse](#) has heard from victims and survivors of the psychological and physical effects on well-being, family and intimate relationships, faith, and education and career. For some victims and survivors these effects endure throughout adult life.

This half-day training aims to provide a space for front line professionals who are working with **children who have experienced sexual abuse** to understand local services and reflect on the support needs of children and families affected.

Learning Objectives:

- Increased awareness of identifying and responding to Child Sexual Abuse (CSA) concerns
- Increased awareness of the CSA response pathway
- Learn about the medical and emotional support needed following an allegation of sexual abuse/assault.
- Understand what is involved in a holistic health assessment for child sexual abuse and the difference between the various type of medicals available.
- Understand the service offered at the North-East London Sunrise Hub and other services available in the area.

You can **book your place** using our [online booking form](#). Details of course fees and our cancellation policy can be viewed [here](#).

FREE TRAINING

Facilitators

[Sunrise Hub](#)

ONLINE (short course)

Thursday 25/09/25

09:15	Registration
09:30	Start
12:00	Finish

ONLINE (short course)

Wednesday 18/03/26

09:15	Registration
09:30	Start
12:00	Finish

RSCP Safeguarding Children Briefings

These termly briefings will focus on one key safeguarding children local priority and an update on safeguarding news, evidence and resources. These will be particularly useful for designated safeguarding leads and anyone with a remit of safeguarding training and/or supervision.

You can sign up to all sessions with one booking form here and can cancel with no penalty.

The image shows two briefing cards and a search overlay. The left card is titled "It's Silent": Race, racism and safeguarding children, Panel Briefing 4, March 2025. The right card is titled "I wanted them all to notice", Protecting children and responding to child sexual abuse within the family environment, November 2024. A grey overlay with a green button is positioned in front of the cards.

Find case reviews

Search the National Collection of Case Reviews by subject, year or area.

Find case reviews

FREE BRIEFING

ONLINE

Monday 24/11/25

13:45	Registration
14:00	Start
15:30	Finish

ONLINE

Wednesday 04/02/26

13:45	Registration
14:00	Start
15:30	Finish

ONLINE

Tuesday 02/06/26

13:45	Registration
14:00	Start
15:30	Finish

You can **book your place** using our [online booking form](#). Details of course fees and our cancellation policy can be viewed [here](#).

Sudden unexpected death in infants (SUDI) and Safer Sleep for Babies

Background

To understand what is meant by SUDI and to raise awareness and consistency in the information that is being shared. This session will provide information on local and regional services and guidance that are available so practitioners can support children and families.

Learning Objectives

- Understanding the local SUDI Statistics
- Potential risks and protective factors
- Tackling unexplained deaths and reducing their number
- The agencies and individuals who can help reduce the risk
- Current advice on Sudden Infant Death and smoking and the dangers of co-sleeping
- Local future plans in preventing SUDI
- Case Studies

You can **book your place** using our [online booking form](#). Details of course fees and our cancellation policy can be viewed [here](#).

FREE TRAINING

Facilitator

Jeanette Ford, CDOP
Manager &
James Blewitt, Independent
Trainer



ONLINE

Wednesday 01/10/25

09:15	Registration
09:30	Start
12:30	Finish



Understanding Loss, Grief and Bereavement and the Effects on Children and Families

Background

This course offers guidance and information on the effect of the death of a child in a family and an awareness of how to support families in safeguarding children.

Learning Outcomes

This training will support participants to:

Explore taboos around children and death

- Understand the importance of listening
- Understand the impact of grief on families
- Respond to the grieving of parents and children
- Explore the impact on staff and practice



FREE TRAINING

Level 2

Facilitator

Alicia Tomsett, Counsellor,
[Haven House Children's Hospice](#)

CLASSROOM (half day):

[Haven House](#)

Thursday 13/11/25

09:15	Registration
09:30	Start
13:00	Finish

CLASSROOM (half day):

[Haven House](#)

Tuesday 30/06/25

09:15	Registration
09:30	Start
13:00	Finish

You can **book your place** using our [online booking form](#). Details of course fees and our cancellation policy can be viewed [here](#).

Working to Safeguard Children with Disabilities in Redbridge

Level 2

Background

Children with disabilities are recognised as having increased vulnerability to abuse for a number of reasons. The [RSCP Children with Disabilities Protocol](#) provides an agreed framework and guidance for partner agencies to ensure this particular group of children and young people are safeguarded.

Learning Outcomes

By the end of the briefing, participants will:

- Understand indicators of abuse and neglect
- Explore some of the issues faced by parents of disabled children and have increased confidence to work in partnership with parents
- Have increased knowledge and confidence in seeking support in your role and an awareness of where to get that support.

You can **book your place** using our [online booking form](#). Details of course fees and our cancellation policy can be viewed [here](#).

Facilitator:

Juliette Francis, Talking Life Training

ONLINE

Monday 13/10/25

09:15	Registration
09:30	Start
12:30	Finish

ONLINE

Thursday 05/02/26

09:15	Registration
09:30	Start
12:30	Finish



Part Four:

Creating Safer Settings for Children and Families

In this section of our Programme, the learning is based on the essential components required in creating safe settings for children. It draws on key government guidance, [Working Together to Safeguard Children](#), internal learning reviews, national reports and evidence-based practice.

Courses aim to enhance the knowledge, skills, attitudes and multi-agency collaboration needed to be the trusted and vigilant adults around children and young people.

Multi Agency Help for Children and Families – An Introduction to the External Family Help Assessment and Team Around the Family Plan

FREE TRAINING

Background

The aim of this course is for lead practitioners to understand the Family Help Assessment (FHA) and the Team Around the Family (TAF) Approach. The workshop will provide participants with an opportunity to explore this approach and the safeguarding roles within it.

Learning Outcomes

- Have an overview of Family Help Assessment and how it fits into wider Safeguarding Procedures
- Explore the Team Around the Family (TAF) approach, its principles and when it should be used.
- Learn how to collaborate with multi-agency partners to ensure holistic support for children and families.
- Know what to expect at a Team Around the Family Meeting.

Who Should Attend?

Professionals working directly with children and families in education, health, and community services.

Level 2

Facilitator

Family Help Team, London
Borough of Redbridge Children & Families

CLASSROOM (half day)

Tuesday 23/09/25

[Albert Road Children's Centre](#)

09:15	Registration
09:30	Start
12:30	Finish

ONLINE (short course)

Thursday 12/02/26

09:15	Registration
09:30	Start
12:30	Finish

CLASSROOM (half day)

Tuesday 21/04/26

[Albert Road Children's Centre](#)

09:15	Registration
09:30	Start
12:30	Finish

ONLINE (short course)

Wednesday 10/06/26

09:15	Registration
09:30	Start
12:30	Finish

You can **book your place** using our [online booking form](#). Details of course fees and our cancellation policy can be viewed [here](#).

Managing Allegations Against Staff and Volunteers

FREE TRAINING

Background information

This half day training session will enable practitioners to reflect on current practice and responsibilities and to perform more confidently in their role in recognising and reporting allegations of abuse against staff and volunteers who work in the children's workforce. It will provide an opportunity to understand the legal and procedural requirements in this important area of safeguarding children and young people.

Learning Outcomes

By the end of the course participants will be able to:

- Learn how to develop a culture of safe working practice within the work environment and minimise the risk of allegations being made.
- Recognise and respond as a professional to indicators of abuse
- Understand the process of a referral in respect of allegations against staff and volunteers
- Understand and be sure of their responsibilities

You can **book your place** using our [online booking form](#). Details of course fees and our cancellation policy can be viewed [here](#).

Level 2

Facilitator

Redbridge Local Authority Designated Officer (LADO)

ONLINE (short course)

Monday 11/05/25

09:30	Registration
09:45	Start
13:00	Finish



Safer Recruitment

Background

This course is aimed at managers and other recruitment panel members recruiting staff who will be carrying out direct work with children and young people.

The course is based on materials provided by the [Safer Recruitment Consortium](#) which is a partnership between four organisations, ([NSPCC](#), [Lucy Faithfull Foundation](#), [NASS](#) and [CAPE](#)).

The course is set within the context of [Keeping children safe in education – Statutory guidance for schools and colleges](#) and [Working Together to Safeguard Children 2023](#) guidance for safer working practice for those working with children and young people in education settings.

Delegates are required to undertake some pre-course reading and download a workbook to bring to the training, which will be e-mailed in advance of the course. Achievement of the certificate provided by the Consortium is dependent on passing an assessment.

Learning Outcomes

- Identify key features of staff recruitment that help deter or prevent the appointment of unsuitable people.
- Consider policies and practice that minimise opportunities for abuse or ensure its prompt reporting.
- Help participants to be able to review their policies and practice in recruitment with a view to creating a safer culture.

You can **book your place** using our [online booking form](#). Details of course fees and our cancellation policy can be viewed [here](#).

Level 3
ACCREDITED COURSE

Facilitator

Lesley Perry, RSCP Business Manager

CLASSROOM (full day)
Committee Room 2, [Redbridge Town Hall](#)
Tuesday 10/02/26

09:15	Registration
09:30	Start
17:00	Finish



Safer Recruitment (Refresher Training)

ACCREDITED COURSE

Background

This half day refresher training is offered to those who have already completed [the full Safer Recruitment Training](#) offered by the Redbridge Safeguarding Children Partnership. You will be asked to provide either a copy of your certificate or the date on which you attended the training.

Learning Objectives

- An opportunity to undertake a self-assessment of where your service/agency/organisation is in relation to safer recruitment (pre-course task)
- A review and reminder of all the key elements of safer recruitment
- An update on any recent changes in statutory requirements or good practice to enable you to partake fully in recruitment activities
- An opportunity to share experiences and good practice, and seek support in relation to safer recruitment

You can **book your place** using our [online booking form](#). Details of course fees and our cancellation policy can be viewed [here](#).

Level 3

Facilitator

Lesley Perry, RSCP Business Manager

ONLINE (short course)

Thursday 11/06/26

13:15	Registration
13:30	Start
16:30	Finish



Understanding Thresholds and Making Referrals

Background

Department for Education (DfE) research into Serious Case Reviews identified that 'thresholds' for intervention can vary between agencies; differences in perceived thresholds can lead to frustration or breakdown in effective working, resulting in children falling through the gaps or their needs not being met. Reports have also emphasised the importance of supporting professionals with their duty to escalate concerns.

In Redbridge, the London Safeguarding Children Partnership's multi-agency document, [Threshold -Continuum of Need Matrix](#), sets out the thresholds for referral for use by all agencies and professionals who are worried or concerned about a child's safety or welfare. This course aims to support front-line workers and managers in its use. The course will also refer to the RSCP's [Resolution and Escalation Policy](#), which aims to promote a culture of partnerships, working by supporting professionals to address differences in professional judgements around the response to the safety and wellbeing of children and young people.

Learning Outcomes

By the end of the training, participants will:

- Be able to describe and understand the 'levels of need' that will be applied to determine whether the child and family can be appropriately and safely helped by early intervention and family support services.
- Have discussed indicators of different kinds of risk within these levels.
- Know how to access services for children with different levels of need effectively, and what kind of response can be expected.
- Understand the components of a good [Multi-agency Referral Form](#)

FREE TRAINING Level 2

Facilitator

Dawn Singleton, Multi Agency Safeguarding Hub (MASH) Manager
Amanda Jones, RSCP Training Manager

CLASSROOM (Half day)

Wednesday 10/12/25

Committee Room 2, [Redbridge Town Hall](#)

09:30	Registration
09:45	Start
12:45	Finish

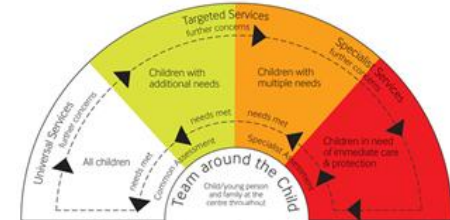
CLASSROOM (Half day)

Wednesday 15/04/26

Committee Room 2, [Redbridge Town Hall](#)

09:30	Registration
09:45	Start
12:45	Finish

You can **book your place** using our [online booking form](#). Details of course fees and our cancellation policy can be viewed [here](#).



Train the Trainer, Level 1 Safeguarding Children

Level 3

This training is aimed at multi-agency professionals and community leaders in non-government organisations who are trained in Safeguarding Children Level 3 and would like to deliver the [London Safeguarding Children Partnership Level 1 Training](#) to their staff and volunteers.

Learning Objectives:

- **Training Cycle & Learning Styles:** The course covers the principles of the training cycle and explores different learning styles to enhance training delivery.
- **Diversity Practice:** Understanding and incorporating diversity principles into training is a key objective.
- **Emotional Component:** Participants will learn how to address the emotional aspects of child protection training effectively.
- **Training Methods & Evaluation:** The course includes practical exercises, discussions, group work, role-play, and methods for evaluating the effectiveness of training sessions.

You can **book your place** using our [online booking form](#). Details of course fees and our cancellation policy can be viewed [here](#).

Facilitator

Amanda Jones,
RSCP Training Manager

CLASSROOM (full day)

Wednesday 10/06/26

[Committee Room 2, Redbridge Town Hall](#)

09:15 Registration

09:30 Start

17:00 Finish



Working Together to Safeguard Children – a Shared Responsibility (Safeguarding Level 2)

Background

This course is designed for professionals who have completed Level 1 training within their employing agency and need to further extend their child protection knowledge base in the context of multi-agency working. The course is of particular relevance to practitioners who work with, or come into contact with, children and families and/or vulnerable adults who are parents or carers of children and who might be involved in referral or contribute to safeguarding assessments.

Learning Outcomes

By the end of the training, participants will have:

- Developed knowledge and understanding about forms of maltreatment and indicators of significant harm
- Developed confidence in identifying and responding to children at risk
- An understanding of how to apply the principles that underpin effective child protection practice

You can **book your place** using our [online booking form](#). Details of course fees and our cancellation policy can be viewed [here](#).

Facilitator

Amanda Jones,
RSCP Training Manager

CLASSROOM (full day)

Tuesday 07/10/25

Committee Room 2,
[Redbridge Town Hall](#)

09:15	Registration
09:30	Start
17:00	Finish

CLASSROOM (full day)

Wednesday 12/11/25

Committee Room 2,
[Redbridge Town Hall](#)

09:00	Registration
09:15	Start
16:30	Finish

CLASSROOM (full day)

Tuesday 27/01/26

Committee Room 2,
[Redbridge Town Hall](#)

09:15	Registration
09:30	Start
17:00	Finish

CLASSROOM (full day)

Wednesday 18/03/26

Committee Room 2,
[Redbridge Town Hall](#)

09:15	Registration
09:30	Start
17:00	Finish

CLASSROOM (full day)

Wednesday 13/05/26

Committee Room 2,
[Redbridge Town Hall](#)

09:15	Registration
09:30	Start
17:00	Finish

CLASSROOM (full day)

Tuesday 07/07/26

Committee Room 2,
[Redbridge Town Hall](#)

09:15	Registration
09:30	Start
17:00	Finish

RSCP Designated Safeguarding Lead (Safeguarding Level 3)

Background

This course is for those who manage or supervise those who work with children and families. It will consider the legislation and practice guidance that supports your responsibilities as lead in safeguarding and further develop your knowledge and skill of working in partnership with other agencies and professionals supporting children and their families involved in early help and child protection. **To attend this course, we require you to first complete our Level 2 Training, [Working Together to Safeguard Children – A Shared Responsibility](#).**

Learning Outcomes

By the end of the training, participants will:

- Recognise and challenge their own values regarding abuse and maltreatment and its impact on professional practice.
- State the processes needed to ensure a safe environment for children.
- Recognise barriers and challenge blocks to disclosure of abuse
- Understand the actions to take when informed of concerns, including concerns regarding staff or volunteers.
- Understand the Early Intervention Process and the workings of the Multi-Agency Safeguarding Hub
- Consider the referral process and what further role they may have in plans to safeguard children
- Demonstrate an awareness of the emotional dimension of safeguarding work and identify a network for support within their organisations

You can **book your place** using our [online booking form](#). Details of course fees and our cancellation policy can be viewed [here](#).

Facilitator

Amanda Jones, RSCP Training Manager

CLASSROOM (full day)

Wednesday 26/11/25

[Committee Room 2, Redbridge Town Hall](#)

09:15	Registration
09:30	Start
17:00	Finish

CLASSROOM (full day)

Tuesday 24/03/26

[York Room, Redbridge Central Library](#)

09:15	Registration
09:30	Start
17:00	Finish

CLASSROOM (full day)

Tuesday 16/06/26

[Committee Room 2, Redbridge Town Hall](#)

09:15	Registration
09:30	Start
17:00	Finish



Level 4 Safeguarding Children

Background

Level 4 safeguarding training is an advanced training that equips professionals with in-depth knowledge and skills to manage complex safeguarding concerns, particularly in cases of child protection and adult safeguarding. This level is for individuals with management or supervisory responsibilities in safeguarding, such as named professionals or those leading safeguarding investigations.

Learning Objectives

- Outline the essential legislation, guidance and research evidence that form the foundation of your organisations safeguarding structures and response to concerns.
- Understanding organisational accountability for safeguarding.
- Reflect on themes from case reviews and consider how this learning can inform practice and organisation procedures, including rapid reviews and the learning and improvement from serious child safeguarding incidents and the local child safeguarding practice review process.

You can express an interest by completing our [online booking form](#). Details of course fees and our cancellation policy can be viewed [here](#).

Facilitators

Lesley Perry, RSCP Business Manager &
Amanda Jones, RSCP Training Manager

CLASSROOM (full day)

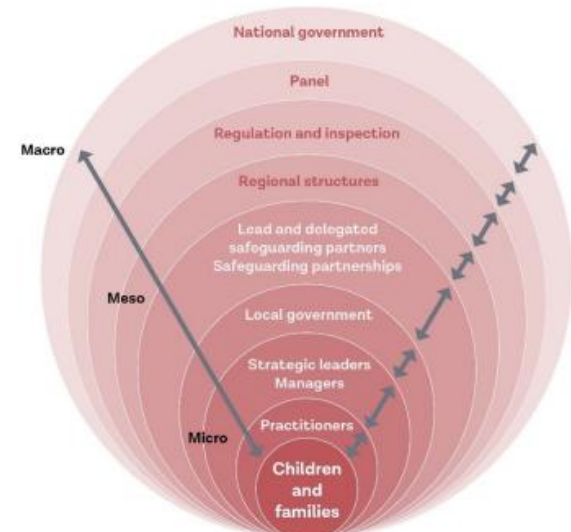
Tuesday 28/04/26

Committee Room 2, [Redbridge Town Hall](#)

09:15 Registration

09:30 Start

17:00 Finish



Continual Professional Development



Lead Contacts for Co-ordinating Safeguarding Training and Development Programmes within Redbridge

People Directorate Learning & Development Team

Training and development aimed at staff working within the London Borough of Redbridge's People Directorate (Adults and Children's services) and organisations who are part of the Redbridge Learning Collaborative. Development opportunities include classroom-based training, e-learning modules, toolkits, away days and more.

For further information please contact the team at learning.development@redbridge.gov.uk

Early Years

Training aimed at staff working in the Early Years and Childcare sector, including within maintained, private and voluntary settings.

Redbridge Early Years & Childcare Training Programme

earlyyearstraining@redbridge.gov.uk

020 8708 8930

Education

Training in safeguarding aimed at schools and other groups, provided by the London Borough of Redbridge Education Welfare Service.

emma.bond@redbridge.gov.uk

020 8708 86110

School governors: governors.support@redbridge.gov.uk

Health

Please refer to your organisation's intranet.

More information about partner agency training opportunities can be found on the [RSCP website](#)

Voluntary and Charity Sector

Redbridge Community Action offer training events for those working and volunteering in charities or community groups

020 8553 1004

The London Safeguarding Children Partnership (LSCP) Pan-London Training Programme

The LSCP seeks to enhance the safety and wellbeing of children in London by supporting organisations working with them. The LSCP Training Sub-group, of which Redbridge is a member, helps to provide pan-London training opportunities for those working with children and families in the city. You can find the upcoming safeguarding children training sessions, offered free of charge by the LSCP with the support of the local Safeguarding Children Partnerships, [on the LSCP website](#).

Useful links

- [Making Research Count \(MRC\)](#)
- [Research in Practice \(RiP\)](#)
- [Social Care Institute for Excellence \(SCIE\)](#)
- [NSPCC](#)
- [Redbridge Institute of Adult Education \(RIAE\)](#)
- [Skills for Schools](#)
- [National Institute for Healthcare and Excellence \(NICE\)](#)

E-Learning

A number of organisations working in the safeguarding children field offer free elearning modules on a range of topics including FGM, Forced Marriage and CSE. These can be accessed via the [RSCP website](#).

Job Shadowing Opportunities

RSCP partners support a [job shadowing scheme](#) to assist professionals in understanding the roles of their multi-agency colleagues and aims to provide a multi-agency opportunity with the key aim of improving arrangements for safeguarding children and young people.