

# Harmful Sexual Behaviours and the Brook Traffic Light Tool

## Background

As children get older, the way they express their sexual feelings changes. Children and young people who develop harmful sexual behaviours (HSB) harm themselves and others. This course, delivered by Brook, aims to help professionals to identify HSB and respond appropriately.

It also supports attendees with how it applies in your unique setting, as well as helping you to develop an organisational approach to responding to sexual behaviours.

All delegates will receive a [Traffic Light Tool](#) booklet to support their learning and a pdf of the Tool, as well as access to a digital version of the Tool and certificate upon completion.

## Learning Outcomes

By the end of the training, participants will be able to:

- **Identify:** The behaviour and establish if it is: Typical or developmentally appropriate, problematic or harmful
- **Understand:** What the behaviour is communicating. Why the child or young person may be exhibiting it
- **Respond** appropriately. This will depend upon: What's motivating the behaviour; the severity of the behaviour

To book your place, please use our [online booking form](#). You can click [here](#) for more information on course fees and cancellations.

## Facilitator

[Brook](#)

## CLASSROOM (half day)

**Date:** Thursday 03/12/26

**Venue:** Jo Newman Room,  
[Lynton House](#)

|       |              |
|-------|--------------|
| 09:15 | Registration |
| 09:30 | Start        |
| 13:00 | Finish       |

## CLASSROOM (half day)

**Date:** Tuesday 23/03/27

**Venue** TBC

|       |              |
|-------|--------------|
| 12:45 | Registration |
| 13:00 | Start        |
| 16:30 | Finish       |

 **brook**

