

Mental Health in Autistic Children

This session explores why autistic children, and young people experience higher rates of mental health difficulties and why these are frequently misunderstood or misattributed. Key learning from Local Children Safeguarding Practice Review, "Zara".

Learning Outcomes

Participants will:

- Understand why mental health difficulties are more common experiences.
- Recognise signs of distress in autistic young people's responses, such as self harm and suicide
- Identify the role of sensory and emotional regulation.
- Understand key mental health risk factors.

Facilitator:

Loren Snow

[Neurodiverse Training](#)

ONLINE

Date: Wednesday 17/03/27

13:45	Registration
14:00	Start
16:30	Finish

ONLINE

Date: Wednesday 09/06/27

09.45	Registration
10:00	Start
12:30	Finish

To book your place, please use our [online booking form](#). You can click [here](#) for more information on course fees and cancellations.